

# Capture the Banner!

SWMOANA

## Purpose:

To reach out to groups and encourage an exchange of ideas and experiences between groups within our area.

## How my group can participate:

Each group is encouraged to get home-group members together and make a special banner that expresses the essential nature of their group. The Banner could then be displayed at this groups meeting.

In order for another group to "Capture the Banner!" at least 3 members of that home group must attend another group's regularly scheduled meeting. At the end of the meeting they are permitted, as a group of 3, to capture the banner of the group that they have attended.

## Specific Rules:

- You are not allowed to capture another banner unless you have your own banner with you.
- To recapture your home group's banner, you must take 3 home group members to the group that has your banner.
- To take that home group's banner in addition to recapturing your own, you must have an additional home group member with you. 4 in total.
- One can only take a home group's banner. You cannot take an already captured flag of a different group.

## Benefits of Participation:

This has proved to be an effective outreach tool in other areas and has many benefits.

- Provides an additional service for members to participate in at the group and Area level
- Provides incentive and excitement to be a part of a home group
- It is a Unity forming activity
- Creates a more diverse recovery experience from the increased meetings attended in the area.
- Benefits rural and struggling groups.
- The more a group participates in "Capturing the Banner" the more members from other groups will come and attend that groups meeting. The more we use it, the more